

**American Association for Chronic
Fatigue Syndrome**

AACFS

**Fifth International
Research, Clinical and
Patient Conference**

**WESTCOAST GRAND HOTEL
SEATTLE, WA
JANUARY 26-29, 2001**

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Conference Agenda
Friday, January 26, 2001
Registration and Pre-Conference Meetings

- 1:00 PM – 5:00 PM **Centers for Disease Control and Prevention Planning Session for:
Optimizing the CFS case definition: practical applications, methodology
and
research-supported evidence as considerations for revising the 1994 criteria**
Session Chair: William Reeves, MD
Location: Emerald Ballroom Section II, 3rd floor
Meeting open to all AACFS conference attendees
- 2:00 pm – 9:00 pm **Conference Registration desk open**
Location: Emerald Ballroom Foyer, 3rd floor
- 2:00 pm – 5:00 pm **Set up for Exhibitors and Poster Presenters**
Location: Emerald Foyer, Orcas, San Juan and Bainbridge rooms, 3rd floor
- 2:00 pm – 5:00 pm **Audio Visual ready room for presenters open**
Location: Vashon room, 5th floor
- 6:00 PM – 10:00 PM **Poster Session**
6:00 PM – 7:30 PM Posters on view with presenters
Location: San Juan and Bainbridge rooms, 3rd floor
- 6:00 PM – 10:30 PM **AACFS Board of Directors dinner meeting**
Location: Vashon room, 5th floor
- 7: 30 PM – 8:30 PM **Grantsmanship: An Overview of the National Institutes of Health Peer
Review Process**
NIH grant writing workshop open to CFS investigators attending AACFS conference
Presenter: Donna J. Dean, Ph.D., Senior Advisor to Principal Deputy Director, NIH
Location: Emerald Ballroom, 3rd floor
- 8:00 pm – 10:00 pm **Set up for Exhibitors - continued**
Location: Emerald Foyer, Orcas room, 3rd floor

Conference Agenda Saturday, January 27, 2001 Research Conference

All meetings this day are located in the Emerald Ballroom, 3rd floor

- 7:00 am – 5:00 pm** **Audio Visual ready room for presenters open**
Location: Vashon room, 5th floor
- 7:00 am – 6:00 pm** **Conference Registration desk open**
Location: Emerald Ballroom Foyer, 3rd floor
- 8:00 AM** Welcome Conference Chair: Dedra Buchwald, MD
- 8:05 AM – 9:30 AM** Epidemiology and Natural History Co-Chairs: Peter White, MD
5 15-minute presentations Leonard Jason, PhD
- Lea Steele, PhD – *Chronic Fatigue and Gulf War Illness: Is the Case Definition of CFS Useful in Describing Health Problems Associated with Service in the Persian Gulf War?* [abstract # 034]
- Rosane Nisenbaum, PhD – *Course of Illness Among Patients with Chronic Fatigue Syndrome in Wichita, Kansas* [abstract # 049]
- Leonard Jason, PhD – *Subtyping Patients with Chronic Fatigue Syndrome in a Community-Based Sample* [abstract # 011]
- Pascale De Becker, PhD – *A Factor Analysis Study of Symptoms in 1573 Patients with Chronic Fatigue Syndrome* [abstract # 020]
(combined with)
A Definition Based Analysis of Symptoms in a Large Cohort of Patients with Chronic Fatigue Syndrome [abstract # 019]
- Stanley Schwartz, MD – *The Short-Form 36 (SF-36) Results May Predict Future Clinical Outcomes in Patients with Chronic Fatigue Syndrome* [abstract # 105]
(combined with)
A Comparison of Treatment Outcomes in Chronic Fatigue Syndrome and in Major Depression Utilizing the SF-36 Health Status Survey [abstract # 106]
- 15 minutes, Brief commentary by Co-Chairs & Q and A
- 9:30 AM – 10:45 AM** Physiology Co-Chairs: Benjamin H. Natelson, MD
4 15-minute presentations Daniel Peterson, MD
- Patricia Soetekouw, MD – *Orthostatic Tolerance and Sympathoadrenergic Reactivity in Chronic Fatigue Syndrome* [abstract # 085]
- James N. Baraniuk, MD – *Sympathetic Dysfunction Demonstrated by Isometric Handgrip Responses in Chronic Fatigue Syndrome* [abstract # 126]
- Arnold Peckerman, PhD – *Baroreflex Function in CFS: Accentuated Decline in the Reflex Sensitivity During Orthostatic but not Behavioral Challenges* [abstract # 089]
- Patrick Englebienne, PhD – *The Interaction of Rnase L Ankyrin Domain with ABC Transporters Might Explain Pain and Many of the Physiological Disorders of CFS* [abstract # 069]
- 15 minutes, brief commentary by Co-Chairs & Q and A

- 1:45 PM – 3:00 PM **New! The Brain and CFS**
5 15-minute presentations
Co-Chairs: Mark A. Demitrack, MD,
Sudhir Gupta, MD, PhD
- Roderick K. Mahurin, PhD – *Brain Correlates of Cognitive Effort in Chronic Fatigue Syndrome and Healthy Control Subjects* [abstract log # 088]
Daniel Clauw, MD – *Prevalence of Chiari-1 Malformation and Cervical Stenosis in Fibromyalgia: A Blinded MRI Study* [abstract log # 135]
Greta Moorkens, MD, PhD – *Hormonal Responses to GHRH and Hexarelin in Chronic Fatigue Syndrome and in Fibromyalgia* [abstract log # 014]
Richard H. Gracely, PhD – *Fibromyalgia: Functional MRI Evidence for Increased Pressure Pain Sensitivity* [abstract log # 136]
Richard H. Gracely, PhD – *Increased Pain Sensitivity in Fibromyalgia: Effects of Two Types of Stimuli and Ascending Versus Random Modes of Presentation* [abstract log # 141]
- 15 minutes
Brief commentary by Co-Chairs
Q and A
- 3:00 PM – 3:15 PM Break
- 3:15 PM – 5:15 PM **New! CFS: The International Perspective**
Belgium and The Netherlands
Co-Chairs:
Belgium - Kenny DeMeirleir, MD, PhD
The Netherlands - Gijs Bleijenberg, PhD
Jos Van der Meer, MD, PhD
- 5:15 PM Adjourn
- 5:15 PM – 6:45 PM Poster Session
Posters on view with presenters
Co-Chairs: Daniel Peterson, MD
Paul Levine, MD
Location: San Juan and Bainbridge rooms, 3rd floor
- Dinner event location* *Emerald Ballroom, 3rd floor (by advance purchase only)*
- 7:00 PM Perpich Memorial Lecture and Dinner
Recipient, Anthony Komaroff, MD,
Professor of Medicine, Harvard University Medical School,
Senior Physician, Brigham & Women's Hospital,
Editor-in-Chief, Harvard Health Publications
- Special Service Award
Recipient, Kim Kenney, CEO and President
CFIDS Association of America
- Junior Investigator Award
Recipient, Richard Herrell, PhD
Visiting Assistant Professor, Division of Epidemiology and Biostatistics, School of Public Health,
University of Illinois at Chicago, Instructor, National Center for American Indian and Alaska Native
Mental Health Research, Department of Psychiatry, University of Colorado Health Sciences Center

Conference Agenda Sunday, January 28, 2001 Clinical Conference

All meetings this day are located in the Emerald Ballroom, 3rd floor

- 7:00 am – 6:00 pm** **Conference Registration desk open**
Location: Emerald Ballroom Foyer, 3rd floor
- 7:00 am – 5:00 pm** **Audio Visual ready room for presenters open**
Location: Vashon room, 5th floor
- 7:30 AM – 8:30 AM** **Business Meeting and Presidential Address**
ABC, CBS, and NBC of CFS President: Sudhir Gupta, MD, PhD,
- 8:30 AM – 10:00 AM** **Clinical Studies** Co-Chairs: Leonard Calabrese, DO
5 15-minute presentations Charles Lapp, MD
- Leonard Jason, PhD – *Measuring Attributions About Chronic Fatigue Syndrome*
[abstract # 012]
- Renee R. Taylor, PhD – *The Role of Interpersonal Violence History and PTSD
Diagnosis in Chronic Fatigue and Chronic Fatigue Syndrome: A Preliminary
Analysis* [abstract # 010]
- Daniel Cukor, MA – *The Relationship Between Medically Unexplained Somatic
Symptoms and Psychopathology in Chronic Fatigue Syndrome* [abstract # 028]
- Angela Lyden, MS – *Physiologic Correlates of Chronic Fatigue Syndrome-Like
Symptom Development in a Subset of Healthy Individuals Deprived of
Routine Aerobic Exercise* [abstract # 137]
- Patricia Fennell, MSW, CSW-R – *An Examination of Phases in Chronic Fatigue
Syndrome* [abstract # 006]
- 15 minutes, Brief summary and comments by Co-Chairs & Q and A
- 10:00 AM – 10:15 AM** **Break**
- 10:15 AM – 12:00 PM** **New! Treatment** Co-Chairs: Anthony Komaroff, MD
5 15-minute presentations Gijs Bleijenberg, PhD
- David A. Williams, PhD – *Improving Functional Status: A Randomized Controlled
Trial of CBT* [abstract # 143]
- Kittil W. Rammohan, MD – *Efficacy and Safety of Provigil (Modafinil) for the Treat-
ment of Fatigue in Patients with Multiple Sclerosis* [abstract # 054]
- Katherine Rowe, MD – *Seven Year Follow-Up of Young People with Chronic Fatigue
Syndrome Following the Intravenous Gammaglobulin Trial* [abstract # 063]
- Diane L. Cox, PhD – *An Evaluation of An Occupational Therapy Inpatient Intervention
for Chronic Fatigue Syndrome* [abstract # 003]
- Kristin Lambrecht, PA-C – *Pilot Study of Tumor Necrosis Factor (TNF) Receptor
Fusion Protein (Etanercept) in Chronic Fatigue Syndrome* [abstract # 153]
- Nancy Klimas, MD – *Experimental Therapy Results in Clinical and Immunologic
Improvement in Chronic Fatigue Syndrome Patients* [abstract # 048]
- 15 minutes, Brief summary and comments by Co-Chairs & Q and A

12:00 PM – 1:15 PM	Research and Rehabilitation Panel: Applications for the Practicing Physician	Co-Chairs: Paul Levine, MD Patricia Fennell, MSW, CSW-R Donald Uslan, MSW, MBA, CRC
12:00 PM – 1:15 PM	Lunch (boxed lunches available)	
1:15 PM – 2:30 PM	<i>New!</i> Children and Adolescents 4 15-minute presentations	Co-Chairs: Mark Smith, MD David Bell, MD
	<p>Katherine Rowe, MD – <i>Symptom Patterns of CFS in Adolescents [abstract #064]</i> David Bell, MD – <i>Thirteen Year Follow-Up of Children and Adolescents with Chronic Fatigue Syndrome [abstract # 078]</i> Katherine Rowe, MD – <i>Follow Up of 200 Young People with CFS – Relationship of Symptom Patterns and Psychological Features to Functional Outcomes [abstract # 092]</i> Julian Stewart, MD, PhD – <i>Vascular Perturbations in Chronic Fatigue Syndrome [abstract #004]</i></p>	
	15 minutes, Brief summary and comments by Co-Chairs & Q and A	
2:30 PM – 2:45PM	Break	
2:45 PM – 3:15 PM	Update: Biological Aspects of CFS and Fibromyalgia	Anthony Komaroff, MD, Daniel Clauw, MD
3:15 PM – 3:45 PM	Update: Diagnostic Strategies in CFS and Fibromyalgia	Kenny DeMeirleir, MD, PhD, Leonard Calabrese, DO
3:45 PM – 4:45 PM	Treatment of CFS and Fibromyalgia: State of our Knowledge	Daniel Clauw, MD, Leonard Calabrese, DO
4:45 PM – 6:30 PM	Clinician-to-Clinician Session (open to clinicians only)	David Bell, MD, Daniel Clauw, MD, Charles Lapp, MD,
6:30 PM	Adjourn	Jos Van der Meer, MD, PhD
6:30 pm	Posters session rooms close Posters to be removed by presenters	
6:30 PM – 7:30 PM	Department of Health and Human Services CFS Coordinating Committee Name Change Workgroup Open Forum	
	Forum Leaders: Charles Lapp, MD Nancy Klimas, MD Leonard Jason, PhD	

Conference Agenda Monday, January 29, 2001 Patient Conference

All meetings this day are located in the Emerald Ballroom, 3rd floor

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| 7:00 am – 10:00 am | Conference Registration desk open
<i>Location: Emerald Ballroom Foyer, 3rd floor</i> | |
| 8:00 am – 2:00 pm | Audio Visual ready room for presenters open
<i>Location: Vashon room, 5th floor</i> | |
| 9:00 AM – 9:30 AM | Summary: Research Conference | Anthony Komaroff, MD |
| 9:30 AM – 10:15 AM | Update: CFS and Fibromyalgia:
Biological Aspects | Benjamin Natelson, MD,
Daniel Clauw, MD |
| 10:15 AM – 10:30 AM | Break | |
| 10:30 AM – 11:45 AM | Summary: Treatment of CFS and
Fibromyalgia | Daniel Peterson, MD, David Bell, MD |
| 11:45 AM – 12:30 PM | Summary: Disability and Rehabilitation
Strategies and Management | Donald Uslan, MSW,
Patricia Fennell, CSW-R |
| 12:30 PM – 1:45 PM | Lunch (on your own) OR
CFIDS Association of America - CFIDS Advocacy Luncheon
<i>to sign up in advance, go to the CFIDS exhibitor table in the Orcas Room</i>
Location: Garden Terrace Restaurant, WestCoast Grand Hotel | |
| 1:45 PM – 2:45 PM | Living with CFS: Perspectives from
Health Professionals with CFS | Panel Chair: Marya Grambs, MS
Phillip Tate, PhD, Cynthia Dalton, MD,
Craig Keebler, MD, Bonnie Gorman RN |
| 2:00 pm – 5:00 pm | Exhibitors pack and move out | |
| 2:45 PM – 3:45 PM | Complementary Medicine:
CFS and Fibromyalgia | Jim Blair, LAc, Dipl Ac (Acupuncturist)
Krista Heron, ND (Naturopath/
Homeopath)
Kimberly Bennett, PhD (Phys. Therapist)
Graham Patrick, PhD, ARNP
(Bio-feedback) |
| 3:45 PM – 4:30 PM | Coping Strategies:
More Effective Than You Think | Fred Friedberg, PhD
Patricia Fennell, MSW, CSW-R |
| 4:30 PM | Conference adjourns | |